



CollegeResponse[®]



Mental health screening and
education programs for colleges

In-person Programs are Easy to Use.

SMH's *CollegeResponse* program offers three ready-to-implement event kits, described below. Kits include brochures, posters, educational DVDs, student screening forms, and professional development materials for staff. Materials can be used in a variety of college settings on national screening days or anytime during the year. **As an added bonus, 2009-2010 registered sites will have the opportunity to take part in a free web-based training and participate in SMH's social marketing campaigns.**

95% of those who have an eating disorder are between the ages of 12 and 25
(SAMHSA, CMHS, DHHS).



National Depression Screening Day® Kit (NDSD) (October 2009)

This kit includes materials and screening tools for depression, bipolar disorder, generalized anxiety disorder, PTSD, as well as information on stress and suicide prevention. Resources for parents and staff are also included.

National Eating Disorders Screening Program® Kit (NEDSP) (February 2010)

This kit includes screening tools and educational materials for anorexia nervosa, bulimia, and binge eating disorders for both women and men. The kits also include materials on healthy eating and exercise.

National Alcohol Screening Day Kit® (NASD) (April 2010)

This kit includes screening, brief intervention, and educational materials focusing on alcohol use as a determining factor in overall health, fitness, and safety. The program addresses alcohol use disorders and how to cut back.

67% of students felt hopeless at least once during the past year
(ACHA, 2008).




Your campus health and counseling center has limited capacity. So how do you focus your resources on the students most at risk?

College*Response* can help. For 19 years, Screening for Mental Health[®] (SMH) has provided colleges and universities with valuable educational materials and screening tools. College*Response* is an affordable, do-it-yourself program that specifically addresses depression, bipolar disorder, anxiety disorders, eating disorders and alcohol use disorders. The goal of the program is to help you refer students to appropriate resources, either on, or off campus.

How College*Response* Helps You.

College*Response* provides a consistent helping hand to campus counseling and health centers by:

- Screening to identify students most at risk, allowing you to focus on those who need immediate attention
- Offering students educational information on mental health, eating disorders, and alcohol use disorders
- Connecting students with the treatment resources available
- Providing an effective risk management tool



599,000 students are unintentionally injured under the influence of alcohol each year
(Amsson et. al., 2005).

We also offer mental health screenings for college/university employees through our *WorkplaceResponse*[™] program.

If you are interested in learning about this program please email Workplace@MentalHealthScreening.org or call (781) 239-0071.

NEW!

Re-designed & Enhanced Online Screenings for Your Website

Help is Available 24/7

Anonymous online screening for depression, bipolar disorder, PTSD, generalized anxiety disorder, eating disorders, and alcohol use disorders are offered year-round and provide immediate feedback to the student. A customized welcome message and referral, directing students to the appropriate resources on your campus, is an important component of this program. College/University personnel can also generate detailed utilization reports and graphs.

Enhanced Features:

- Customize the look with your college's logo and an image of your campus
- Utilization reports automatically emailed to you
- Improved look and functionality for students and staff

See a sample online screening at:

www.MentalHealthScreening.org/CollegeSample

You can also register online at:

www.MentalHealthScreening.org/College

Screening for Mental Health/CollegeResponse

One Washington Street, Suite 304, Wellesley Hills, MA 02481

Phone: 781/239-0071 Fax: 781/431-7447

college@MentalHealthScreening.org

CollegeResponse Registration Form 2009-2010

Contact Name _____

College/University _____

Department _____

Shipping Address (No PO Boxes) _____

City _____ State _____ Zip _____

Phone _____ Fax _____

E-mail (required) _____

	Cost	Qty.	Total
National Depression Screening Day Kit – Shipped in August**			
In-person Kit \$100*			
Online Screening \$125			
National Eating Disorders Screening Program Kit – Shipped in January**			
In-person Kit \$100*			
Online Screening \$125			
National Alcohol Screening Day Kit – Shipped in March**			
In-person Kit \$100*			
Online Screening \$125			
Combination			
All 3 in-person Kits & Online Screening Programs \$600*			
All Three Online Screenings \$300			
TOTAL COST:			

*Kits include 100 screening forms, plus posters, brochures and educational DVDs.

**Please contact our office if you would like kits shipped at another time of year.

Payment Information

Check Enclosed: Check Number _____

All checks payable to: Screening for Mental Health

For faster processing please include the text "100-College" in the memo field of your check

Tax ID# 04-3221069 Purchase Order# _____

Credit Card _____

American Express Discover MasterCard Visa

Account Number _____ Expiration Date _____

Name on Card _____

Return completed registration form with fee to:

Screening for Mental Health Inc.

P.O. Box 984001, Boston, MA 02298-4001

Phone: 781-239-0071 Fax: 781-431-7447

www.MentalHealthScreening.org